

## PDFSC – Parent Handout for 2014-2015 Skating Year

### PDFSC Executive:

President – Arlene Wesselius (intervaledairy@hotmail.com)  
 Vice President – Rita Berry (rberry@nb.sympatico.ca)  
 Treasurer – Heather Mann (tlmann@xplornet.com)  
 Secretary – Margie Duchesneau(duchesneau.smith@gmail.com)  
 Coaches Rep – Jessica Melvin (jessica\_m\_1985@yahoo.com)  
 Director – Tracey McFee (traycute@hotmail.com)  
 Director - Crista Wood (cristaandkatie@msn.com)  
 Director – Melissa McNeil ([medgett@yahoo.ca](mailto:medgett@yahoo.ca))  
 Director – Tracey Lowe (thlowe@rogers.com)  
 Director - Sarah Hicks ([sarah\\_d\\_hicks@hotmail.com](mailto:sarah_d_hicks@hotmail.com))  
 Director – Sue Killam (susan.killam@gnb.ca)

### Schedule:

Day	Time	Group	Session
Monday	3:00 – 4:00	Jumpstart	
	3:00 – 4:00	Jrs & Intermediate	
	3:00 – 4:00		
	4:00 – 5:00	Senior 1 & 2	Free
	5:00 – 5:45	Senior1	Free
Wednesday	3:00 – 4:00	Jrs & Intermediate	
	4:00 – 4:15	Int/Sr 1/Sr 2	Dance
	4:15 – 4:30	Flood	
	4:30 – 4:45	Simulations	
	4:45 – 5:00	Senior 1 & 2	Stroking(Group)
	5:00 – 6:00	Senior 1 & 2	Free
	6:00 – 7:00	Canskate	
	6:15 – 6:45	Learn to Skate	
Friday	3:00 – 4:00	Jumpstart	
	3:00 – 4:00	Jrs & Intermediates	
	4:00 – 4:15	Senior 1 & 2	Dance
	4:15 – 4:30	Flood	
	4:30 – 4:45	Simulations	
	4:45 – 5:00	Senior 1 & 2	Spins
	5:00 – 6:00	Senior 1 & 2	Free

### Criteria:

JumpStart – Must have passed Stage 5  
 Junior – Must have passed a Skate Canada test (ie – Dutch Waltz)  
 Intermediate – Must land a consistent lutz and passed the Preliminary Dances  
 Senior 2 – Must have passed the complete Preliminary Free  
 Senior 1 – Must have passed the complete Senior Bronze Free

Note: Coaches will have final decision as to what session a skater will be on.

### Helmet Policy:

**In accordance to Skate Canada's Rules**, Learn to Skate, Canskate and JumpStart skaters must wear a CSA approved hockey helmet on ice. A face guard is also **mandatory** for Learn to Skate skaters. Coaches, at their discretion, may waive the helmet policy for JumpStart skaters.

If you have any questions about our helmet policy, please contact one of the board members or a club coach.

### Canskate & Learn to Skate:

Canskate and Learn to Skate are programs designed to teach children basic skating skills that will carry into hockey, speed skating or figure skating.

### Jumpstart:

Jumpstart is a program designed for young skaters who are interested in figure skating make the transition from the Canskate program to the figure skating program.

### Coaches:

Our coaches are a vital part of our club. We are very fortunate to have 4 excellent professional coaches. Most nights, there will be 4 professional coaches on ice during Learn to Skate and Canskate. Per Skate Canada, we are required to have a minimum of 1 professional coach per 60 skaters per hour of skating time. Our club has a ratio of 1 professional coach to approximately 15 skaters, three times better than Skate Canada's minimum requirement for running a Canskate program.

Club coaching costs are built into the registration fees for Learn to Skate, Canskate & Jumpstart. There is some club/group coaching time for Juniors and Intermediates that is also built into their registration fees. However, as skaters progress through the skating levels parents need to start providing private lessons for their skaters. It is up to the parent(s) to arrange this for their skater(s). If you have any questions about when a skater should start private lessons, please contact any of the club's coaches about this. Or, please feel free to talk to any of the board members, who may be able to answer some of your questions.

Ultimately, private coaching is a matter between the parent and the coach.

Lynn Deware, Level 3 Certified ([ddld@nb.sympatico.ca](mailto:ddld@nb.sympatico.ca))

Ester Richard, Level 2 Certified ([ev\\_coach\\_dj@hotmail.com](mailto:ev_coach_dj@hotmail.com))

Jessica Melvin, Level 1 Certified ([jessica\\_m\\_1985@yahoo.com](mailto:jessica_m_1985@yahoo.com))

Clair Ward, Level 1 Certified ([clairward@hotmail.ca](mailto:clairward@hotmail.ca))

### Registration:

When you register your child for skating, you have the option to spread your payments out equally over 4 payments using post-dated cheques, with the first payment due no later than their first day on the ice and the last payment due no later than Jan 20<sup>th</sup>. For example, if you register your child for Jumpstart starting on October 6, the first payment is due no later than Oct 6 and you could then write cheques for November, December and January.

### Fundraising:

We are taking a new approach to fundraising this year. The level of fundraising required will be based on what your child is skating, with Learn to Skate having the lowest fundraising requirement to seniors having the highest. When you register your child, you will be told how much fundraising is required. There are several fundraisers planned throughout the season and you have to the beginning of February to reach your fundraising level. If you exceed your fundraising requirements, 50% of the extra can be applied to next years registration fee. If you do not make your fundraising level, then you will need to pay the difference. And for those who do not wish to fundraise, you can just pay and then not have to worry about fundraising.

Fundraisers planned to date are:

- Bottle drive
- Johnny Coupons
- Peelers
- Citrus
- Christmas Wreaths
- Tag day at Esso (jumpstart and up)
- Grocery packing at Sobeys in Sussex (jumpstart and up)
- Skate-a-thon

### Ice Show:

There will be an end of season ice show held in late March (date and theme to be determined). There will be more information on the ice show starting after Christmas.